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The first time Jared Goff stepped onto a football field at the age of seven, the future Cal quarterback was eager to play, but not at the position that would eventually lead him to Berkeley. He wanted to emulate two of his favorite players at the time – Terrell Owens and Randy Moss – and split out at wide receiver. However, Goff’s father, Jerry, sensed his son would enjoy more success elsewhere and redirected him to the quarterback area. The beginnings of a record-breaking career were born.



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Cal freshman Ashten Smith-Gooden proved to herself that she can play volleyball at a high level despite being a type 1 diabetic. But what gives her even more satisfaction is proving to other diabetics that they can do the same. With the help of a strong support system, medical assistance and an athlete-friendly belt that holds an insulin pump, Smith-Gooden has been able to participate in athletics without any major restrictions.



The Power of Possibility

28

Alec Gletzer has become known as the double major in dreadlocks, a subject of the “I Need Possible” online video series and a recipient this past summer of USA Rugby All-America honors for the second straight year. He seemed to appear out of thin air to start piling on those accomplishments during the spring of 2013, but a lot of hard work behind the scenes has propelled him to this point.



A Real Maverick

30

As a student at Cal and a member of the men’s water polo team, Thomas Agramonte has plenty of opportunities to showcase his multiple skills and pursue creative goals. Not one to place limits on his possibilities, his talents extend well beyond the classroom and the pool as he’s developed an enjoyment for such fine arts as sculpture, painting and dance. Then there’s the famed Mavericks, where the junior from Half Moon Bay has tested his abilities against some of the world’s most dangerous waves.



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Dear Friend of Cal Athletics:

As we begin the fall semester, I would like to welcome all of our new and returning students back to campus. I also want to thank all of our donors and fans for all of the support you continue to provide this athletic department and this amazing institution.



Fall is an exciting time for our students, faculty and staff. For our student-athletes, this time of year presents us with an opportunity to begin a new sports season and a new semester filled with a renewed sense of energy, passion and enthusiasm – things that I understand, respect and appreciate. It also presents us with an incredible opportunity to support our student-athletes academically and athletically, and it is up to each of us to do just that in the many ways we are able to.

As your interim Director of Athletics, I am honored to be in a position where I can continue to give back to this great University and make an impact leading our athletic department forward. As an alum ('82), former student-athlete (wrestling) at Cal, and member of several boards here, I can tell you we have a magnificent staff in place that is dedicated to the mission of providing development opportunities for our student-athletes. This is a quality group of individuals who are focused on making sure that we are creating a holistic experience for our student-athletes while they pursue that coveted Cal degree. We are constructing a vision for what this department can and should look like as we go forward, built around the notion of competing, competing to win and providing a quality experience for our student-athletes.

This month, we can expect the findings from our Chancellor's Task Force on Academics and Athletics report (a task force I was proud to serve on) to be revealed. The report will discuss the issues related to academic expectations and the student-athlete experience on the Berkeley campus, as well as the role of coaches, administrators and faculty. But we have not waited on the results of the Task Force to begin taking the steps necessary to move in the right direction. Members of every available team, along with coaches and staff, were present at Convocation at the Greek Theatre. Tangible steps have been taken to better integrate our student-athletes with campus. And we continue to see positive steps being made academically in the few areas where we have been challenged.

We have many things to celebrate at Cal. Although we do not know what the fall season ultimately has in store, we do know we are continuing to head in the right direction. We look forward to continuing this journey with you. I am fully confident that together we will get there.

Go Bears!

Michael Williams

Mike Williams
Interim Director of Athletics



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schedules, press releases and player profiles,
visit the department's official website at
CalBears.com.

ON THE COVER

As he enters his sophomore year as a student
and athlete at Cal, Jared Goff is expanding
his role quarterbacking the Bears this season
and becoming more of a leader on and off the
field. Photo by Don Feria.



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Haas Pavilion Enhancements to Improve Student-Athlete, Fan Experience

With a goal to enhance both the fan and student-athlete experience on the University of California, Berkeley, campus, Walter A. Haas Jr. Pavilion will soon undergo a major renovation that will include a new center-hung scoreboard, upgraded sound and lighting systems, and modernized video production facilities.

The project, estimated at \$10 million, will be made possible through a generous gift from the Evelyn & Walter Haas, Jr. Fund that will cover the cost of the improvements. Construction is expected to begin in May 2015 and be completed in time for the fall 2015 intercollegiate athletics seasons.

“We’re extremely pleased to help Cal Athletics ensure that Haas Pavilion continues to be a well-equipped and dynamic venue for student-athletes, their coaches and passionate Bear fans,” Walter J. Haas, Chair of the Haas, Jr. Fund said. “My father was a devoted Cal alum, and he believed in the power of sports to galvanize not only a team, but the entire community. This gift embodies his legacy.”

Haas Pavilion initially opened in 1933 and was known as Harmon Gym for more than 60 years. The arena was renamed Haas Pavilion in 1999 following a two-year renovation that nearly doubled capacity to 11,877 seats. The facility is named for Walter A. Haas Jr. ’37, who, with his wife, Evelyn, provided the lead gift through their family foundation.

“Haas Pavilion is much more than just another campus building,” Deputy Director of Athletics for External Relations Phil Esten said. “What happens inside the corridors and on the arena floor cannot be replicated. These are shared experiences that forge an everlasting bond between the students and the University. With this announcement, we are entering the next phase of Haas Pavilion and are ushering in a renewed Cal

spirit that strikes a balance between tradition and innovation. We are incredibly appreciative of the Haas family for recognizing the value in improving our current facilities to meet the ever growing needs of our student body.”

When the Golden Bears and their fans return to Haas Pavilion in the fall of 2015, they will be greeted by a center-hung scoreboard that will feature state-of-the-art LED displays and new corner entrance and fascia LED displays on either end of the court. The overall dimensions of the scoreboard will be 28 feet by 13 feet, with each main display area 16 feet wide by nine feet high.

In addition, the project will include an enhancement to the public address system and acoustical treatments to improve sound quality throughout the venue. The lighting system will also be improved, and an expanded and modernized video production room will enrich fans’ viewing experience.

The lead engineer for the undertaking will be Idibri, an international firm specializing in technology design, theater consulting and acoustics that has overseen video or audio upgrades at such venues as AT&T Park in San Francisco, Angel Stadium in Anaheim, and Pauley Pavilion and Dodger Stadium in Los Angeles.

The Evelyn and Walter Haas, Jr. Fund has a long history of giving to advance excellence at Cal in academics as well as athletics. Its gifts support the UC Berkeley Initiative for Equity, Inclusion and Diversity, undergraduate scholar-



A center-hung scoreboard will be one of several improvements at Haas Pavilion beginning with the 2015-16 season.

ships including those for undocumented students, Intercollegiate Athletics, the Haas School of Business, Cal Performances and much more. Noted for its philanthropic impact in the Bay Area, California and beyond, the Haas, Jr. Fund is based in San Francisco and has awarded more than \$475 million in grants to date.

For 42nd Straight Year, KGO Radio Is *The Place* to Catch the Bears

For the 42nd consecutive year – every season since 1974 – Golden Bears fans will be able to listen to Cal football on KGO Radio (810 AM). Program includes full-day coverage on gamedays plus the weekly Inside the Locker Room show that airs every Monday night from 7-8 p.m.

Hosted by Todd McKim, Inside the Locker Room includes live interviews with Golden Bear coaches, student-athletes, alumni and staff, including football coach Sonny Dykes. Cal fans are invited to listen or join the Bears in person where they can meet the guests, with the show originating at four different locations around the East Bay.

Lafayette Park Hotel Sept. 1, Sept. 25, Oct. 6
 Barbacoa (Orinda).....Oct. 13, Oct. 20, Oct. 27
 Doubletree Hotel (Berkeley)Sept. 22, Nov. 27
 Forge Pizza (Jack London Square)Sept. 29, Nov. 3, Nov. 10

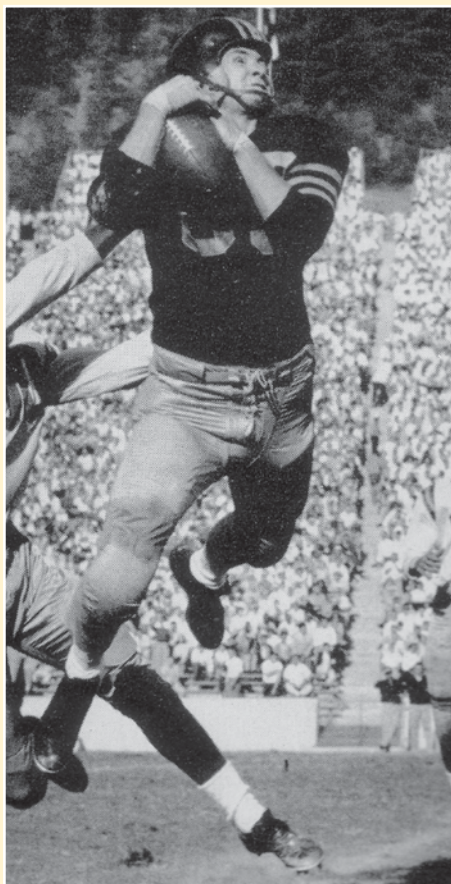
Future locations will be announced at a later date, as will the winter schedule, which will feature basketball coaches Cuonzo Martin and Lindsay Gottlieb.

On gamedays, coverage begins 60 minutes before kickoff, with the program airing live from Lisa and Douglas Goldman Plaza for all home games. Hosts Todd McKim and former Cal quarterback Mike Pawlawski preview the day's game, which includes interviews and analysis of the Bears and their opponent.

In the booth, Joe Starkey is back for his 41st season behind the mike, and he will be joined by Pawlawski as analyst and McKim on the sidelines.

Postgame at the Paragon, inside the Claremont Hotel Club & Spa, is an hour-long show airing after every game with hosts Dan Dibley and Lee Grosscup, who will break down the game and feature reaction from the Cal locker room.

Check CalBears.com for a complete list of radio affiliates around the state, as well as for information on how to listen on satellite radio or through the Internet.



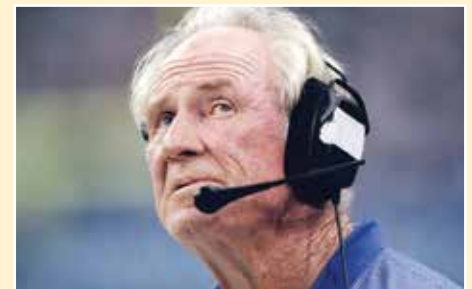
JIM HANIFAN TO RECEIVE 20TH GLENN SEABORG AWARD

Jim Hanifan, who played football under Pappy Waldorf at Cal and went on to a distinguished career in the professional ranks, has been elected the 20th recipient of the Glenn T. Seaborg Award.

The award, named after the former UC Berkeley chancellor and 1951 Nobel Prize-winning scientist, is presented annually to a former Cal football player for his career accomplishments who represents the honored Cal principles and traditions of excellence in academics, athletics, leadership and attitude.

A three-year started at defensive end for the Bears, Hanifan also started at tight end in both 1953 and '54. He served as team captain as a senior in 1954 when he led the nation with 44 receptions for 569 yards.

Hanifan was selected by the Los Angeles Rams of the NFL and later starred for the Toronto Argonauts of the Canadian Football League. But where he really made his mark was as an NFL



coach, starting in 1973 as offensive line coach of the St. Louis Cardinals, remaining in the league for 30 seasons. He served as head coach of the Cardinals from 1980-85 and finished his career with the Rams in St. Louis from 1997-2003 before moving into broadcasting.

Hanifan, whose grandson, Austin Hinder, is a senior quarterback for the Bears this season, was inducted into the Cal Athletic Hall of Fame in 2006 and into the St. Louis Sports Hall of Fame in 2012. He will be honored during a ceremony during the Cal-Colorado football game on Sept. 27.

**Al Acosta, Brooke Eubanks
Join Cal Coaching Staff**

Cal Athletics filled a pair of head coaching vacancies over the summer with the hiring of Al Acosta to lead the women's rowing program and Brooke Eubanks to oversee lacrosse.



Al Acosta

Acosta, a Berkeley High School alum who graduated Phi Beta Kappa from Cal in 1993, was a five-time National Coach of the Year as the women's lightweight crew coach at Stanford for the past 13 years. During that span, he guided the Cardinal to four IRA championships.

Acosta also worked with one of the country's top junior programs, the Oakland Strokes, for eight years through 2001, leading the boys' varsity eight to a pair of California state titles.



Brooke Eubanks

Eubanks also arrived at Cal from Stanford, where she served as an assistant coach from 2009-14. She began her coaching career as an assistant at George Mason from 2006-08. A four-year starter as a player at James Madison, Eubanks played for the Canadian National Team for 10 years from 2003-14, earning a silver medal at the lacrosse World Cup in 2013 when she was the team captain.

Pac-12 Networks to Feature More Than 50 Live Cal Games This Fall

Now in its third year of operation, the Pac-12 Networks plans to broadcast 850 live events this year, giving Cal fans plenty of opportunities to watch the Golden Bears on television.

For the fall alone, more than 50 live telecasts will feature Cal, including football, volleyball, field hockey, men's and women's soccer and men's water polo. Basketball, swimming and gymnastics schedules are expected to be announced in September, with spring sports broadcasts unveiled closer to the start of the new year in January.

For complete listings, visit either CalBears.com or Pac-12.com. The Pac-12 Networks also offers the Pac-12 Now app for both iPhone and Android devices to allow fans to catch their favorite games anywhere they are.



Time to Get Ready for Basketball Season

With the Cal men's basketball team preparing for its first season with new head coach Cuonzo Martin and the Golden Bear women's program seeking a third straight NCAA Tournament bid under head coach Lindsay Gottlieb, anticipation is building within Haas Pavilion.

Cal fans can get in on all the excitement with tickets to watch both squads in action. Season-tickets are now on sale, starting at \$144 for youth and seniors and \$270 for adults for men's games, and beginning at \$24 for youth and seniors and \$80 for adults for women's games.

Partial season-ticket plans will become available in early October, and those interested can lock in early access by placing a deposit now. In addition, single-game tickets will go on sale in late October.

For more information, call a Gold Standard service representative at (800) GO BEARS (462-3277) or visit the tickets link at CalBears.com.



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LEADER IN THE MAKING

Jared Goff Ready to Expand His Role Quarterbacking the Bears This Season

By Tim Miguel

The first time Jared Goff stepped onto a football field at the age of seven, the future California quarterback was eager to play, but not at the position that would eventually lead him to Berkeley. He wanted to emulate two of his favorite players at the time – Terrell Owens and Randy Moss – and split out at wide receiver.

However, Goff's father, Jerry, sensed his son would enjoy more success elsewhere and redirected him to the quarterback area. The beginnings of a record-breaking career were born.

"I've had a good arm ever since I was little, so I guess it all worked out," Goff said. "I haven't played another position since."

Flash forward 10 years, and now Goff is the signal caller wearing a Cal jersey with children admiring him from the stands. After a freshman campaign that saw him fling the ball for 3,508 yards – most in school history – Goff has raised his level of expectations for his sophomore season. More than just a thrower, he wants to be a leader, specifically

would be wonderful. I want to win the first game. I want to beat Northwestern, and then I want to beat Sacramento State. We can't think about anything other than that right now. Especially coming from last season, every game is the biggest game of the year. I think if we do that we'll be fine."

With the added year of experience and an arsenal of receivers at his disposal, Goff and the Cal passing attack will be a key barometer for the Bears in 2014. With high standards and expectations comes added pressure. But second-year head coach Sonny Dykes believes his quarterback is ready for the challenge.

"He's becoming much more comfortable being a leader," Dykes said. "He's still got a lot on his plate. He's still young, but he's developing that confidence. The great thing is he doesn't have to convince anybody on this team. They believe in him. They believe in his work ethic, dedication and approach. I think the leadership part comes pretty naturally to him."

A heavy burden isn't something new to Goff, who was a multi-sport athlete at Marin Catholic High School and earned varsity status in football, baseball and basketball. By his junior year, he realized that his future rested in football and dropped the other two in order to concentrate on the gridiron.

"I miss playing both sports," Goff said about baseball and basketball. "I started on varsity for all three of them my sophomore year, which was really hard. I was getting lightly recruited for baseball, but in my junior year, I realized I wanted to play football. I was good at baseball, but I really had to work hard to stay good at it. Football always just came natural to me."



Jared Goff (with arms raised) showed off his Cal spirit and celebrated his 10th birthday by coming to California Memorial Stadium with friends to watch Aaron Rodgers and the Bears in action.

Goff's attention turned from receivers to quarterbacks, and he got a first-hand chance to see one of the best in Cal history a few years later. Celebrating his 10th birthday at California Memorial Stadium, a short drive from his hometown of Novato, Goff and some friends watched Aaron Rodgers dazzle the crowd with their stomachs painted to spell out "Go Bears."

leading his squad back to the level of success the Bears enjoyed not too long ago.

While record and accolades can fill a scrapbook, to Goff they aren't important. In his eyes, the job of the quarterback is to win football games.

"I could throw for a thousand yards, but if we lose every game it doesn't matter," Goff said. "I could throw 10 yards and if we win every game it



JARED GOFF

SCHOOL RECORDS
SET IN 2013

SEASON

PASSING YARDS
3,508

PASS COMPLETIONS
320

PASS ATTEMPTS
531

TOTAL OFFENSE YARDS
3,446

GAME

PASSING YARDS
504

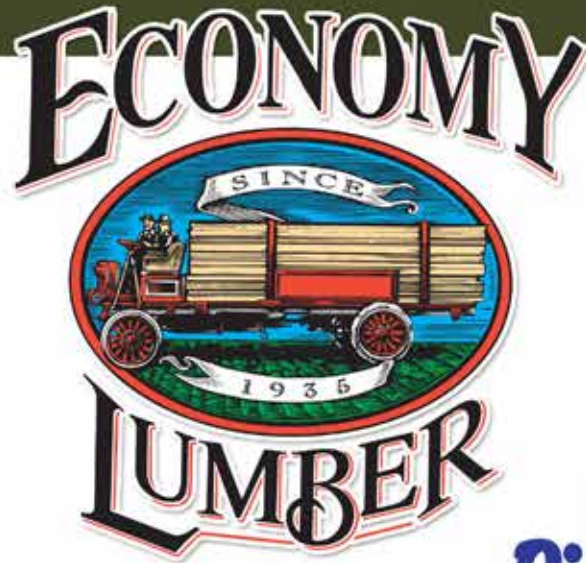
VS. WASHINGTON STATE

PASS ATTEMPTS
64

VS. NORTHWESTERN

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– JARED GOFF



Jared Goff was a three-sport star at Marin Catholic High School before concentrating solely on football.



With Rodgers at Cal and Joe Montana with the 49ers, Goff had a couple of idols he could follow in his backyard. He even chose to wear No. 16 in honor of Montana. Goff also watched Peyton Manning from afar, giving him three role models he could use to mold his game.

From Rodgers, Goff understands that he can use his legs to keep a play alive or scramble downfield as needed without trying to rush for 100 yards a game. Like Montana, Goff also has skinny legs, but he saw how the Hall of Famer still displayed mobility on the field – “If he can do it, I can do it,” Goff said. For Manning, Goff simply stated that the current Bronco is “the General” and somebody every quarterback tries to play like.

Wide receiver Bryce Treggs sees another trait in his quarterback held by Goff’s idols – building a presence in the locker room and on the field.

“As a player, he’s improved with making reads more efficiently, and he’s getting the ball out of his hands faster,” Treggs said. “As a leader, he’s always been doing everything right, and great at leading by example. Leadership comes from the quarterback. He’s doing everything right, and once he gets more vocal, it will be great.”

Often measured in his comments, Goff is fully aware he should to speak up more.

“We need a vocal leader, and I’ve tried to provide some of that,” Goff said. “It’s

got a lot to do with leading by example. The people that work hard and give everything they have into this program, it’s easy to follow them. I try to do my best with that, and we have a lot of guys on the offensive side that help out a lot. The whole ship is kind of turning, and a lot of guys are stepping up and being that leader.”

Dykes has also seen Goff’s confidence level increase since this time last year, when the QB was a true freshman fighting to establish himself in the starting role. Dykes believes that the year of experience will help Goff be more comfortable in 2014 and will allow him to do more as the offensive staff expands the game plan.

“The biggest thing with him is he’s much more comfortable in his role,” Dykes said. “He has confidence in himself and what we’re doing offensively. That confidence comes from working hard over the summer. He’s bigger and stronger than he was a year ago. I think he feels good about where he is and where we are offensively.

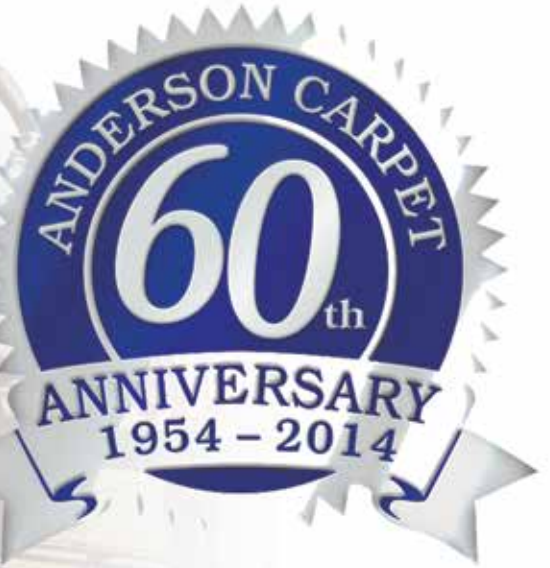
“Our offense always changes to take advantage of what our quarterbacks can do, and we tried to be as simple as possible last year,” said Dykes, whose starting offense unit often featured just 2-3 upperclassmen last year. “It will be a little more involved this year, just letting him make more decisions than we let him make last year. We don’t want to put the game in his hands all the time, but we’re confident that he can make good decisions.”

Having prepared himself for this moment in his life, Goff is equipped to handle quarterbacking the Bears. Though the records may come and he may yet snap the Cal yardage mark again, Goff won’t be satisfied until Golden Bear wins become his most talked about statistic.📊

Jared Goff is the recipient of the Buck Athletic Endowment.



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Adding the Right Perspective

Mike Williams' Life Experiences Have Prepared Him Well for His Role as Interim Director of Athletics

By Herb Benenson

Firmly ensconced in his role as Interim Director of Athletics, Mike Williams seems to find a way to direct just about every conversation to a familiar theme – doing what is possible to ensure that the student-athlete experience is the best it can be.

Whether discussing on-field results, academic accomplishments, fundraising goals or the future of a changing collegiate landscape, Williams remains consistent in his priorities.

On the job since mid-July, Williams knows that he won't stay in the corner office at Haas Pavilion for very long. At the invitation of Chancellor Nicholas Dirks, he accepted the position for up to a year to help guide the athletic department through its leadership transition and assess challenges and opportunities for Cal Athletics that will support the search for a permanent director.

On the surface, "student-athlete experience" is a common subject that has been discussed and promoted on campuses and within athletic departments across the country for years, including here in Berkeley. But where it gains more significance at this point in time is that Chancellor Dirks and new

Provost Claude Steele have made enriching the overall undergraduate student experience a primary emphasis for the university administration.

"They have a clear sense that at high-performing academic institutions, the population should be made up of students first," Williams said. "We then acknowledge that we have many students who have exceptional talents and abilities. In the case of Athletics, many of those students are high-performing, in fact world-class, athletes. But we want every undergraduate on the campus to be a student first. I think those two visions are going to merge, and we'll be looking at our athletes as students first, but students who have an exceptional talent. Our job is to give them an environment where they can thrive with that talent."

A collegiate wrestler who graduated from Cal in 1982, Williams has direct knowledge of the demands

and expectations placed on student-athletes. For the past 12 years, he's also devoted much of his time as a volunteer to the campus, which has enabled him to interact on a consistent basis with students, faculty, administrators and alumni. He has also served as vice chair of the UC Berkeley Foundation that recently completed a more than \$3 billion campus-wide fundraising campaign.

"At the end of the day, we are still educators. What we can do in athletics is educate the next generation of leaders. Former Cal athletes have been my kids' teachers, my kids' coaches, my kids' doctors. That's what we're doing here - we're creating the next generation of community leaders."

- Mike Williams



The Williams family - top from left: son Steven, wife Jeanne, daughter Jenna and Mike; bottom from left: Jenna, Steven, son John Robin

In addition, Williams joined the Chancellor's Task Force on Athletics and Academics when it first convened in January. The committee, which expects to release its findings this fall, is charged with exploring such questions as campus policies and practices; the role of coaches, administrators and faculty; and issues related to academic expectations and the student-athlete experience on the Berkeley campus.

Given his broad association with Cal since his days as a student, perhaps no one was more uniquely qualified for the Interim AD position than Williams.

"He really emphasizes that we are student-athletes and the student does have to come first," said Stefan McClure, a junior on the football team and a student member of the task force. "He understands the rigors of balancing being an athlete with the academic work at this prestigious university. He really understands what a student-athlete has to go through, what they mean to the school and what the school means to them."

Williams, who grew up in Fresno, first arrived in Berkeley in 1978 as a freshman as an invited walk-on for the wrestling program. After receiving his degree in economics from Cal, he earned an MBA from UCLA and embarked on a career in finance, retiring in 2009 as vice chair, Capital Markets, for Barclays Global Investors.

On a personal level, Williams has lived in nearby Lafayette for the past 17 years, where he and his wife, Jeanne, have raised their family and been involved in the community, from

coaching Little League to volunteering for a church youth group.

So when Williams arrived at his post with Cal Athletics, he did so with an open mind and no preconceived expectations. Learning and listening are key elements to his daily routines, and what he has heard has encouraged him about the long-term prospects for the department.

"The staff here is mission-driven," Williams said. "They are really motivated by making the quality of the student-athlete experience the best it can possibly be."

Similarly, alumni, donors and fans have readily displayed their passion for the Golden Bears and have been both supportive and welcoming to Williams from the start of his tenure. In general, Williams said their primary concerns center on whether the football program is heading in the right direction and the academic performance of Cal's student-athletes.

In both cases, Williams has expressed a positive outlook based on his observations. Through his growing relationship with football coach Sonny Dykes, Williams can see the progress being made through all phases of the team, both on the field and off.

"And I can say with certainty that academics - which was never a wide-spread problem in the department - where there are challenges, we're on track there, too," Williams said.

Although he has interim as part of his title, Williams does not see himself as simply a caretaker until the Athletic Director position is filled. Important decisions need to be made, both to support day-to-day operations, as well as to set strategies that could impact Cal Athletics for many years down the road. In particular,

recent votes to give the five "power conferences," including the Pac-12, more autonomy within NCAA guidelines will likely bring new regulations that are intended to better support student-athletes, such as full cost of attendance and improved medical assistance. But they also come with a price.

"As we think about the department, our goals and our values, we have to do that with flexibility," Williams said. "It's entirely possible to start constructing a vision for what this department should look like five years from now built around the notion of competing, competing to win and providing a quality experience for our student-athletes."

Since he attended his first classes at Cal, Williams has remained associated with the school for nearly 40 years. As a student, as an alum, as a donor, as a volunteer and now as Interim Athletic Director, he has accumulated a variety of perspectives that will help him steer the department for the foreseeable future.

"Athletics for both the athletes and the fans is part of the experience on this campus," Williams said. "Nowhere can you get 60,000 people together on a Saturday and have them all agree on one thing - certainly not in Berkeley. We can do that with football. At the end of the day, we are still educators. What we can do in athletics is educate the next generation of leaders. Former Cal athletes have been my kids' teachers, my kids' coaches, my kids' doctors. That's what we're doing here - we're creating the next generation of community leaders." 📷

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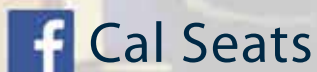


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BREAKING DOWN A BARRIER

Freshman Ashten Smith-Gooden Doesn't Let Diabetes Slow Her Down

By Jonathan Okanes

Cal freshman Ashten Smith-Gooden proved to herself that she can play volleyball at a high level despite being a type 1 diabetic.

But what gives her even more satisfaction is proving to other diabetics that they can do the same.



Ashten Smith-Gooden

Smith-Gooden, a freshman who comes to Cal as one of the highest-ranked prospects in the nation, was diagnosed as a diabetic at the age of 7. With the help of a strong support system, medical assistance and an athlete-friendly belt that holds an insulin pump, Smith-Gooden was able to continue to participate in athletics as a kid without any major restrictions.

So when she found out there was another high school volleyball player who was considering quitting after she found out she had diabetes, Smith-Gooden gave her the tools and the inspiration to continue.

"I know that it's not just about me. It's what you can do to show people that regardless of what you have, you can progress and do whatever you want to do," Smith-Gooden said. "I didn't know what I wanted to do, but I knew I wanted to go to college."

Smith-Gooden first heard of Yasmine Shindy late last year. The two played for the same volleyball club but in different areas of Southern California. Shindy's club director had a daughter that was a teammate of Smith-Gooden's, and when he found out Shindy had diabetes, he reached out to Smith-Gooden's family.

A phone conversation was set up,

which turned into a face-to-face meeting. Shindy, who was scared and uncertain of her athletic and personal future, felt reassured by Smith-Gooden.

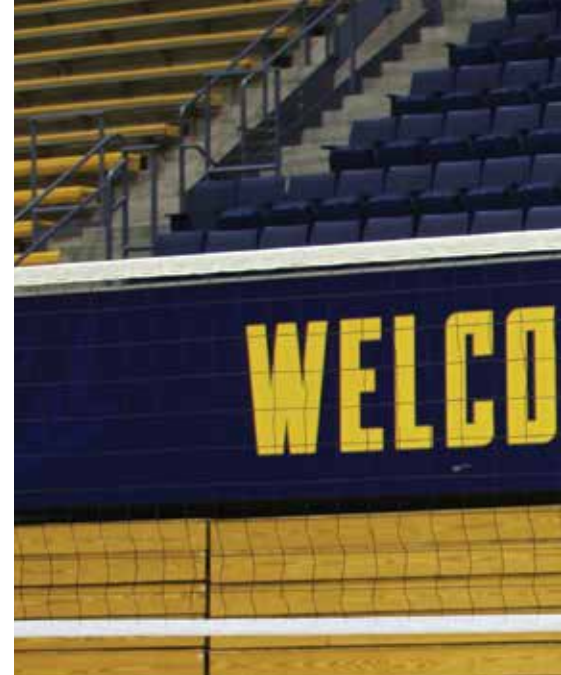
"Ashten helped me realize that anything is possible," Shindy said. "Just the inspiration she gave me because she was a high school student as well as a volleyball player – she kind of made me see that it's so easy to live with. You just have to manage it. She inspires me to continue to play. And the fact that she is playing for Berkeley showed me that it's possible."

While Smith-Gooden has been able to overcome diabetes to become one of the top incoming freshmen in the country, it's not always easy. At age 10, she began wearing an insulin pump 24 hours a day. It monitors her blood sugar at all times. Smith-Gooden checks it several times a day and pumps insulin into her body through a catheter when necessary.

When she plays volleyball, Smith-Gooden uses a belt to pull the pump around to her back.

"We're going to do a lot of education with the team," Cal coach Rich Feller said. "We're going to show them some instructional videos. Her roommates are going to need to know some things, signs to look for, etc. It's going to be a very open discussion. Ashten and her family are very open to discussing this whenever needed. It's all for the benefit of Ashten and our team. We're kind of her new family, so we're going to try to take care of her like her family."

Smith-Gooden admits to some nerves about managing diabetes in college. Her parents helped her with all aspects



of the disease. During club matches, Smith-Gooden's mother, Teri, would flash her hand signals to remind her to check her pump or to indicate how much insulin to pump.

But Smith-Gooden's family knows that Ashten's teammates, coaches, medical staff and support staff are all there to help her during her career at Cal.

"We wouldn't have let her choose Cal if we didn't feel comfortable with them," Teri Gooden said. "It's a very serious illness and they are trying to learn every element about it. They had open communication with us, and I know Ashten feels comfortable."

Watching Smith-Gooden on the court, it's hard to believe she has any physical limitations. The high-flying, explosive outside hitter from Rancho Cucamonga, Calif., earned just about every individual accolade imaginable at Los Osos High School. She was an Under Armour first-team All-American, a Volleyball Magazine Fab 50 pick and the No. 5 Senior Ace by PrepVolleyball.com. Smith-Gooden is the second-highest ranked recruit ever to come to Cal, behind Tarah Murrey, who was No. 2 by PrepVolleyball.com in 2007.

"Ashten can be one of the premier players ever to wear a Cal uniform," Feller said. "I think she has the physical tools that match up with any of our best players ever. Adapting to the college lifestyle and college game is always something that you cannot 100 percent predict, but my feeling is Ashten is going to overcome some of that just based on her pure physical presence, and her



"I know that it's not just about me. It's what you can do to show people that regardless of what you have, you can progress and do whatever you want to do."

– Ashten Smith-Gooden

Ashten Smith-Gooden hasn't let diabetes prevent her from becoming one of the top incoming freshman in the country.

mental, emotional and physical game are going to come together. We're excited to see where it goes."

Smith-Gooden ran track in elementary school, monitoring her blood sugars before trainings or meets and getting insulin shots when necessary (before she began to wear a pump). It wasn't until the eighth grade that she began to play volleyball. She played on the freshman team at Los Osos then spent that offseason working hard on her game. It showed during her sophomore year, when she was moved up to the varsity level and started drawing interest from major colleges.

"Sophomore year, people were like, 'What the heck happened?'" Smith-Gooden said. "I put in a bunch of extra work on my own. As soon as I saw

a little bit of improvement, I became very interested in volleyball."

By the end of her sophomore year of high school, Smith-Gooden had decided she wanted to attend Cal. And it wasn't only because of the academics and the volleyball program, although that was a big part of her decision.

"Everyone knows the school is a big factor, but one of the biggest reasons is they have Kaiser right down the street," Smith-Gooden said. "If I need insulin, I could just go right there. And the weather is perfect for me. If I'm in an environment where it's very hot, my blood sugars can drop."

Another big influence that drove Smith-Gooden to Cal was her brother, Jordan Richard. A former basketball player at Cal State Los Angeles, Richard sat

Ashten down to watch film of top college volleyball players. Smith-Gooden ended up trying to pattern her game after Murrey, a two-time AVCA All-American.

When Smith-Gooden came to Cal on her recruiting trip, the first person she saw in the gym was Murrey, then a senior for the Bears.

"Tarah was my mentor," Smith-Gooden said. "We went on the Cal visit and there she was. It was like all the pieces matched."

Like Murrey, Smith-Gooden now hopes to make some of her own history at Cal – and in the process, perhaps influence some other young ladies to believe in themselves.

"(Shindy) was very scared," Smith-Gooden said. "I gave her some advice of what she can do that helped me. She's back at it now. That type of stuff just makes me happy." 📺

BEAR SIGHTINGS

2014 GRADUATION

On May 17, student-athletes participated in graduation exercises at California Memorial Stadium, where commencement speaker Nancy Pelosi, the U.S. House Democratic Leader, addressed the Class of 2014 before members of Golden Bears programs joined their families at a Student-Athlete Graduation Reception at the Stadium Club. Congratulations to these new graduates!



CONGRATULATIONS GRADUATES!

REAL MADRID C.F. vs. INTER MILAN AT CALIFORNIA MEMORIAL STADIUM



Clockwise from above left: Vice Chancellor for Administration and Finance John Wilton and his wife, Deborah (middle), pose with players and officials before the start of the game.; Vice President of Inter Milan Javier Zanetti, Vice President of Real Madrid Pedro Lopez-Jimenez, Chancellor Nicholas Dirks and Director of Real Madrid Emilio Butragueño; Ricky Gill (JD '12), Interim Director of Athletics Mike Williams, Inder Dosanjh and Solly Fulp, Deputy AD and COO of Cal Athletics; a sold-out Memorial Stadium for the match; Chris and Julie ('95) Borjon with Melinda and John Heinlein; Bruce ('52) and Joan Herriges with Director of Development, Major Gifts, Matt Honerkamp; Jesse Dosanjh ('06), Vick Gill, Tom Dalziel, Gurinder Singh and Baljit Deol.



GRIDIRON GOLF TOURNAMENT

Right: beautiful Blackhawk Country Club in Danville; **below, left to right:** men's basketball head coach Cuonzo Martin, assistant coaches Jon Harris and Yanni Hufnagel, associate head coach Tracy Webster and director of operations Marco Harris; head football coach Sonny Dykes; Cuonzo Martin, Brian McDonnell, Tracy Webster and Gary Storm ('92).



DAVE DURDEN HONORED AT A'S GAME

Men's swimming & diving head coach Dave Durden met with A's manager Bob Melvin, a former Cal catcher, before throwing the ceremonial first pitch at O.co Coliseum April 22. Durden guided his team to the NCAA championship this past spring.



WOMEN'S GYMNASTICS 2013-14 BANQUET

Right: Sophomore Emily Richardson with Karl Uebel ('62, JD '65) from Big C Society; **far right:** Head coach Justin Howell, graduated senior Leilani Alferos, assistant coach Jessa Hansen, associate head coach Liz Crandall-Howell.



STONEBRAE GOLF CLASSIC

When the Web.com Tour made its Bay Area stop over the summer, Golden Bear golfers were prominent participants.



Far left: Pace Johnson ('14), 2013 National Player of the Year and PGA Web.com pro Michael Kim, Keelan Kilpatrick; **left:** Doug Goldman ('74, middle) with Web.com pros Peter Tomasulo ('04) and Max Homa



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CLUB MEMBER PRESEASON CELEBRATION

Clockwise from above left: Duke ('79) and Paula Leffler; freshman Nick Allard, Libby Leffler ('06), UC Berkeley School of Law Development Events Manager McCall Harwell and freshman Noah Westerfield; freshmen Kyle Wells (No. 87) and Quentin Tartabull (No. 28) with Bear Backers; Director of Revenue Initiatives Justin Panarese, Irene Tang, Dave Tang ('87) and friends; Development Director of Stewardship Megan Glasson ('03) and Ruby Lee

CALIFORNIA GOLDEN BEARS

Tom Beach Finds Way Back to Gymnastics

By Dean Caparaz '90

A U.S. Olympic gymnast and an NCAA champion at Cal, Tom Beach's career path led him away from the sport after he retired. But that path eventually wound its way back.

After leaving school to pursue a gymnastics career, the former Golden Bear has also found his way back to Cal, which will induct him into the Cal Athletic Hall of Fame as part of a seven-member class this fall.

Beach captured the national championship on vault in 1975, when he led Cal to its second NCAA team title. He added the NCAA high-bar crown one year later, when the Bears finished third as a team. In 1976-77, Beach was a finalist for the Nissen Emery Award given to the nation's best collegiate gymnast.

While in Berkeley, Beach met and married his wife, Reiko, who graduated from Cal in 1977.

"We got married between freshman and sophomore years; we were like babies," he said. "But we knew exactly what we were doing."

Beach competed in the 1976 Montreal Olympics for the United States and eventually left Cal to continue partic-

ipating at a high level. When his competitive career ended, Beach completed his degree and then an MBA from the University of Phoenix.

"I was still competing at that time, until I was 30," Beach said. "I knew there was a limited amount of time that I could do that and felt that I could go back to school when I was decrepit and couldn't compete anymore. So, that's what I did. But I was just not in the area to complete it at Cal. I was in the area around the University of Phoenix, was working full time and going to school at night."

Beach moved into the finance industry and spent nearly 12 years as a vice president at Charles Schwab.

In a bid to try something new, Beach and Reiko founded TRB Design, Inc., a video production and publishing company. Among TRB's products are gymnastics instructional videos for GymSmarts, a company that the Beaches created in 2004.

But he wasn't looking to get back into gymnastics.

"That was an afterthought," Beach acknowledged. "That came later, after one coach I used to work with asked if



I could film gymnastics. It wasn't until three years of being in the company that I got involved in gymnastics again."

Beach found that he missed some aspects of high-level athletics.

"Some elements of it felt really good," he said. "You kind of forget when you're dealing with the elite athlete, they think differently. They have no excuses and just have this really, super-focused, nothing's-going-to-get-in-my-way attitude. I had kind of forgotten how that felt. When I was in a gym watching that and seeing how they moved, it was really vivid." ■

The 29th class for the Cal Athletic Hall of Fame is comprised of Tom Beach (gymnastics), Natalie Coughlin (swimming), Anthony Ervin (swimming), Sarah Huarte (golf), Grace Upshaw (track & field), Ray Willsey (football) and Rick Cronk (Service Award). For information on attending the induction banquet on Friday, Oct. 17 at the Greek Orthodox Church.

Tom Beach (far right), with his children, Kiyomi and Robert, and wife, Reiko



The Cuonzo Martin era at Cal opens in early November as the new leader of the Golden Bears begins his first season in Berkeley. Cal's mentor, who led Tennessee to the Sweet 16 last season, brings enthusiasm and energy to the program that has translated to strong gains in physical and skill development during the offseason. Martin inherits an experienced unit that includes three returning starters from last season's 21-win team. Leading the way is senior forward **David Kravish**, Cal's top returning scorer (11.4 ppg.) and rebounder (7.7 rpg.). Kravish has started Cal's last 88 games and enters the season just 30 blocks shy of Cal's all-time record of 207 and just 107 points shy of 1,000 for his standout career. He is joined by returning starters in guards Tyrone Wallace (11.3 ppg.) and Jabari Bird (8.5 ppg.). Cal's deep backcourt also features three-point specialist Jordan Mathews (8.5 ppg.).



MEN'S BASKETBALL



WOMEN'S BASKETBALL

The 2014 Golden Bears return the majority of their roster from last season, including a strong group of veterans in their top seven. Despite the graduation of standout J.P. Slater, Cal welcomes back the nucleus of Thomas Joyce, **Leland Later**, Jordan Locklear and Chris Walden. Joyce, Later and Locklear competed in six meets last season, including the Pac-12 Championships and NCAA Regionals. Walden returns to the lineup after missing all but one meet last season with an injury. The Bears will compete in the Bay Area for the majority of their fall campaign, including the Pac-12 Championships at Metropolitan Golf Course in Oakland and the NCAA Regionals at Stanford. With an experienced squad, Cal looks to improve on last season's performance and qualify for the NCAA Championships in Terre Haute, Ind. on Nov. 22.

Head coach Lindsay Gottlieb's Bears return three starters from last season's team that went 22-10 overall and advanced to the second round of the NCAA Tournament. Cal brings back one of the most explosive guard-forward combinations in the country in seniors Brittany Boyd and **Reshanda Gray**. The duo combined for more than 31 points and 15 rebounds per last year. Boyd contributed 14.7 ppg and 6.6 rpg while also leading the Pac-12 in both assists (5.8 apg) and steals (2.9 spg), and while Gray (16.8 ppg, 8.8 rpg) ranked fifth in the country in field goal shooting. The Bears also welcome three newcomers in a class that was ranked in the Top 20 by every major service. Joining the Bears are Mikayla Cowling (daughter of Cal Hall of Fame hurdler Larry Cowling) and Gabby Green, both high school All-Americans out of St. Mary's College High School, and New Zealand National Team member Penina Davidson.



MEN'S CROSS COUNTRY



WOMEN'S CROSS COUNTRY

The Bears return eight starters from last season's team, most notably the senior trio of **Lara Kruggel**, Andrea Earle and Courtney Hendrickson who have all made their marks in NorPac Conference field hockey history. Kruggel, who has earned back-to-back NorPac Offensive Player of the Year honors, enters the season eight points shy of No. 3 on the Cal all-time points list, while Earle returns for her redshirt senior season after earning All-America honors in 2011. Hendrickson was the NorPac Defensive Player of the Year last fall. The experienced trio will lead a team that features 16 freshmen and sophomores on a 22-player roster. The Bears will play two games on the Pac-12 Networks, including the opener against Fairfield on Aug. 29 at Stanford. With construction underway to add a parking garage under Maxwell Family Field, all of Cal's games will be on the road in 2014.

led by senior All-American **Kelsey Santisteban**, the 2014 women's cross country squad eyes a strong season. Santisteban, who completed the 2013 NCAA Championships as the highest finishing Golden Bear in school history with a 10th-place result, suffered a stress fracture in her foot during the track & field season. Tempering the enthusiasm somewhat, she will miss at least the beginning of the cross country season and could be sidelined for an extended period. Santisteban won three meets last season, also placing third at the Pac-12s and fifth at the NCAA Regionals. The entire lineup is back, including juniors Mariel Mendoza and Xochitl Navarrete. The Bears welcome a talented group of newcomers who could contribute to the lineup immediately. Cal will compete in six meets in the Bay Area, including the Pac-12 Championships in Oakland and the NCAA Regionals at Stanford. NCAAs will be Nov. 22 in Terre Haute, Ind.

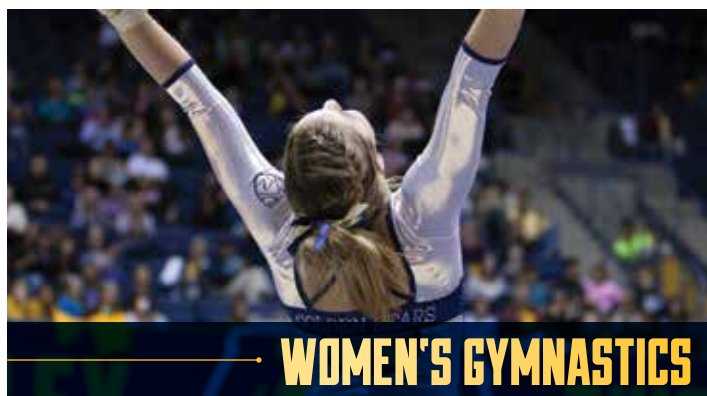


FIELD HOCKEY



FOOTBALL

Brett McClure's Golden Bears are eager to build off of their 2014 season that saw them finish ranked ninth in the country. Cal brings back 13 gymnasts from last year, including a trio of talented juniors who burst onto the scene in 2013 – **Ryan Patterson**, Kyle Zemeir and Kevin Wolting. Patterson, a dual-citizen of the United States and South Africa, recently qualified for the World Championships in China as a member of the South African national team. Along with former Golden Bear Steven Lacombe, Wolting qualified for the U.S. National Championships for an opportunity to represent the U.S. team at the World Championships. The Bears are seeking their first Mountain Pacific Sports Federation title since the 2003-04 season. It will be no easy task with defending national champion Oklahoma and Bay Area rival Stanford standing in their way.



WOMEN'S GYMNASTICS

Head coach Jack Clark begins his 33rd year at the helm of California rugby and is joined for the 16th year by coach Tom Billups to lead a Golden Bears team that has seen 15 graduates replaced by an equivalent number of new players for 2014-15. Coming off their second straight national 7s title at the Collegiate Rugby Championship, **Andrew Battaglia** and the Bears will compete in three fall tournaments, culminating Nov. 8-9 when Cal hosts the PAC Sevens Tournament on Witter Rugby Field. The fall 7s campaign begins Oct. 11 in San Luis Obispo, where the Bears will travel for the West Coast Sevens Tournament, followed on October 25-26 by the Battle in the Bay Sevens Tournament, hosted by Saint Mary's on Treasure Island. The PAC Sevens Tournament will feature 11 of the 12 universities from the Pac-12 Conference playing the same format that returns as a medal sport to the 2016 Olympic Games.



MEN'S SOCCER

Cal enters the 2014 season under second-year head coach Sonny Dykes looking to make improvements on the field similar to what the team did in the classroom a year ago when its single-season Academic Progress Rate improved by 46 points. Dykes has back the majority of an offense that broke several single-season school records a year ago, including quarterback Jared Goff, who established season marks for passing yards and completions among others as a true freshman in 2013. In addition, three of the team's top four receivers and running backs also return. Among them is junior **Chris Harper**, the Bears' active leader in catches (111) and receiving yards (1,396). Cal has brought in veteran defensive coordinator Art Kaufman to run the opposite side of the ball. Last season, Kaufman was the defensive coordinator for a Cincinnati unit that ranked No. 9 nationally in total defense.



MEN'S GYMNASTICS

Cal's women's gymnastics team made NCAA history after skyrocketing to No. 16 in the nation in 2014 – a 33-spot leap from No. 49 two years ago for a margin of improvement only one other team in the nation has ever accomplished in such a short span. The team is primed to continue its success in 2015 with the return of a number of dazzling and consistent performers, including Charlie Owens and **Jessica Howe** and 2012 Pac-12 Freshman of the Year Serena Leong. Newcomers include Jamaican National Team gymnast Toni-Ann Williams, Alicia Gallarzo, Yuleen Sternberg and Arianna Robinson. Along with the impressive roster, Berkeley is one of six sites to host NCAA regional competition in 2015, giving the Bears a home-gym advantage that could help propel the squad to the NCAA Championships for just the second time in program history.



RUGBY

The Bears enter 2014 looking to recreate their success from last season that saw the team hold down the No. 1 spot in the country for six weeks for the first time in school history and reach the NCAA quarterfinals for the third time ever. Though head coach Kevin Grimes will be without the four players who were selected in this past January's Major League Soccer SuperDraft, Cal is returning several key pieces. Senior midfielder Seth Casiple and forward **Stefano Bonomo** return to help drive the Bears' attack. Cal also sports a total of five starters from last fall, along with a key group of contributors who will be counted on to do more in 2014. The Bears opened their slate with a cross-country trip to North Carolina and begin their home schedule on Sept. 12 against Cleveland State at Edwards Stadium.



WOMEN'S SOCCER

David Durden's team – the back-to-back Pac-12 champions and winners of 15 straight dual meets over the past two years – will be looking to notch another national championship in 2015 after winning NCAA crowns in 2011, 2012 and 2014. Leading the Bears will be sophomore **Ryan Murphy**, who captured individual titles in the 100 and 200 backstroke while also swimming on Cal's NCAA champion 200 free and 200 and 400 medley relays. Murphy, the 2014 Pac-12 Newcomer of the Year, will be joined by freestyler Tyler Messerschmidt, freestyler/butterflyer Seth Stubblefield and breaststroker Chuck Katis – all members of NCAA championship relays. Additionally, the Bears' boast two-time Pac-12 400 IM champ Josh Prenot, 2012 NCAA 200 fly champ Will Hamilton and an incoming freshman class considered by many to be No. 1 in the country.



WOMEN'S SWIMMING & DIVING

The Bears return four starters – including AVCA second-team All-American **Christina Higgins** – to a team that advanced to the second round of the NCAA Tournament last season before losing to eventual NCAA runner-up Wisconsin. It was Cal's school-record 12th straight invitation to the postseason. Prospects for a 13th consecutive trip look good with Higgins, Pac-12 All-Freshman libero Maddy Kerr and middle blockers Lara Vukasovic and Lillian Schonewise all on the roster. Higgins needs just 142 kills to become the 16th Cal player to reach the 1,000-kill mark for a career. Add in a freshman class ranked No. 9 nationally by PrepVolleyball.com, and the Bears should be loaded with the firepower needed to compete in the rugged Pac-12. High-lighting Cal's recruiting class is outside hitter Ashten Smith-Gooden, who was rated as the No. 5 high school senior in the country last year.



MEN'S WATER POLO



With 14 departures from last year's 33-person roster, including Cal's core group of veteran starters, Cal opens 2014 with a young, untested squad. While 19 of the team's 32 players are freshmen or sophomores, head coach Neil McGuire's 2013 recruiting class was heralded as one of the nation's top five by TopDrawerSoccer.com. The team's newcomers combined with strong talent in returners such as Kory Lamet, Taylor Comeau, **Grace Leer**, Ifeoma Onumonu and Samantha Witteman leave the Golden Bears plenty of room to turn heads as the dark horse in the Pac-12. No matter the age or experience, with a roster full of starting roles to be earned and opportunities for leaders to develop, McGuire's squad should once again be one of the nation's top teams to watch while the Bears pursue their 11th consecutive NCAA postseason berth.



MEN'S SWIMMING & DIVING



With 14 of 16 swimmers returning from the squad that produced a third-place result at last year's NCAA Championships, Cal has the makings of a veteran team that will push for national honors once again. The 2014 Pac-12 titlists are led by sophomore **Missy Franklin**, who set an American record in winning the 200 freestyle and anchored the victorious 800 free relay at her first NCAA meet. The list of former NCAA champions on the roster also includes junior Rachel Bootsma (100 back) and Elizabeth Pelton (200 back), who both rose to the top of the platform as freshman in 2013. Look for additional leadership to come from senior captains Melanie Klaren, Camille Cheng and Caroline Piehl. Another top-five recruiting class will join the Bears in the fall, while junior Anne Kastler, the school-record-holder on the 1- and 3-meter boards, leads a diving corps looking to replace three-time All-American Kahley Rowell. Over the summer, Franklin, Bootsma and Pelton, along with incoming freshman Cierra Runge, qualified for the U.S. Pan Pacific Championships team, which was led by head coach Teri McKeever.



VOLLEYBALL



Cal features two All-Americans on the roster for the 2014 campaign – second-team selection **Aleksa Saponjic** (senior attacker), and honorable mention pick Colin Mulcahy (junior attacker). Saponjic, a bronze medalist with Serbia at the 2012 London Olympics, led the Golden Bears last season with 44 goals, including with three scores versus UC Irvine and four goals against Long Beach State in the MPSF tournament. Mulcahy has been an honorable mention All-American the past two years and was third on the Bears' squad with 41 goals, while contributing a team-high 29 ejections earned and 13 field blocks. Another top returner is senior goalie Jon Sibley, a 2012 honorable mention All-American who was a member of the USA National Team this past summer. Kirk Everist's squad will also be welcoming 10 standout freshmen.



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THE POWER OF POSSIBILITY

Rugby's Alec Gletzer Grinds as an All-America Double Major

BY ANTON MALKO

He's become known at the University of California as the double major in dreadlocks, a subject of the "I Need Possible" online video series, a contributor to the Golden Bears' second straight College Rugby Championship 7s title in June and a recipient this past summer of USA Rugby All-America honors for the second straight year at Cal.



Alec Gletzer

Alec Gletzer seemed to appear out of thin air to start piling on those accomplishments in Berkeley during the spring of 2013. After he helped the Bears storm back to beat Saint Mary's in April of that season, a coach from

New York commented about Gletzer's performance on Facebook, "Word on the street is that the #7 was Superman."

To the unprepared fan, perhaps Gletzer did come out of nowhere wearing the No. 7 jersey as a flanker for Jack Clark's Rugby Bears. But before he could become many fans' favorite, the 6-1, 220-pound Gletzer had to travel a road that ran a bit longer than the 55 miles from his hometown to enter the University as a transfer student.

After graduating Los Gatos High School with a solid varsity football résumé as a linebacker for the Cats and a less impressive record in the classroom, Gletzer enrolled at Santa Barbara City College with "the dream" to come to Cal. To achieve that dream he needed a plan, which he found and successfully patterned according to the Intersegmental General Education Transfer Curriculum. An agreement between the UC system and California community colleges on courses that can be effectively carried from one institution to the other in a student's transfer, IGETC became Gletzer's pathway into the University.

Gletzer had hung up his football helmet for the final time after high school graduation and dedicated his competitive athletic future to the rugby pitch. He was recognized for that hard work as well, earning U-20 U.S. National Team



selections in 2011 and his first USA Rugby All-America recognition in 2012 at Santa Barbara City.

Academically, Gletzer followed a worksheet that ensured he took classes akin to those that freshmen and sophomore were taking at Cal, and bit by bit over two school years and two summers, put together the building blocks he needed.

"It's one thing to have a dream," said Clark, his future head coach. "It's another thing to execute it. Alec did that."

During his first semester in Berkeley, "I was terribly scared of school," Gletzer said. "I was in the library every single day. I braced myself knowing I had made it into the No. 1 public university in the world. I knew once I got here I would have to keep working hard to get where I wanted to be."

Gletzer scored a try in his Cal rugby debut, Jan. 19, 2013, against UC Davis. But he played less than 10 minutes as a sub against Stanford at the following weekend's homecoming at Witter Rugby Field, leaving the home crowd without any taste of his work rate.

After yielding at halftime of the next match against Arizona to future U.S. National Team player Danny Barrett, playing a steady 68 minutes against Cal Poly and pairing with Barrett in the back row for all 80 minutes of the opening match of the 2013 "World Cup" series vs. British Columbia, Gletzer laid out his case as a top collegiate rugby flanker against Saint Mary's on April 13.

The first 40 minutes were not promising, but Cal came back to deal the Gaels their first collegiate loss of the spring. Especially during the second half, it was impossible to miss Gletzer as much for his will to win as from the wind whipping through his dreads. The crowd responded loud and long as he slashed and burned his way for extra meters to help keep Saint Mary's on the back foot.

Gletzer's father, Larry, was in the crowd that day, as he is for most of his son's home matches. "At halftime, I remember sitting in the stands saying, 'Game's over, we're going to win.'" It wasn't the scoreboard, showing Cal down by 15 points, that spurred Mr. Gletzer. "What I saw was the intensity in Alec's eyes and his nostrils flaring. He was absolutely determined to not let his team fail."

After a final score of 42-31 in favor of the Bears, the traditionally quiet mo-

ment usually shared between Alec and his father was interrupted. "There was a lady behind me that was waving at Alec, and he put his hand on my shoulder and said, 'Dad, excuse me.' He stepped past me, I turned around and she said to him, 'You're my son's favorite player. Can I get an autograph?'"

Larry said that Alec "smiled his smile" and signed the scrap of paper, and while he was signing, spotted the kid who was hiding behind his mom. "He got down on one knee, waved the kid over and put his arm around him and let the mom take a few pictures."



"IT'S ONE THING TO HAVE A DREAM.
IT'S ANOTHER THING TO EXECUTE IT.
ALEC DID THAT."

- JACK CLARK

Alec Gletzer is a double major in Geography and Society & Environment.

Alec Gletzer had arrived as a Cal rugby player with his teammates as well as his fans.

"It really inspires others to play harder when they see how he gets around the field," said Tiaan De Nysschen, who also teamed with Gletzer in the back row and became an All-American after last season.

"Standing beside him on the pitch before a game, you realize what focus he has and you want to follow him," Jack O'Beirne, another back-row veteran, said.

Gletzer was also gaining fans that spring in the classroom, among them John Radke, an associate professor in Landscape Architecture and Geography who accepted Gletzer into his graduate-level class in Geographic Information Science.

"I had my doubts about the success of an undergraduate in this course, but Alec stepped up to the challenge," said Radke, noting that Alec was a regular at office hours, listening to others' questions when he didn't have any of his own. "This dedication and focus, along with the hours of hard work, might just be skills acquired and honed as a student-athlete."

While rugby is his sole athletic pursuit at Cal, Gletzer has two majors – Geography and Society & Environment – and is on course to receive degrees in both after the spring of 2015. The player who has been dominant in 15s as a flanker is also focusing on becoming an effective 7s player in order to compete for Cal, and maybe beyond, in the Olympic code of the game.

"I felt like my skills got better," Gletzer said of his most recent 7s campaign. "The effort part of rugby was really all I had going for me, but being able to pass, catch and run has been a big next step."

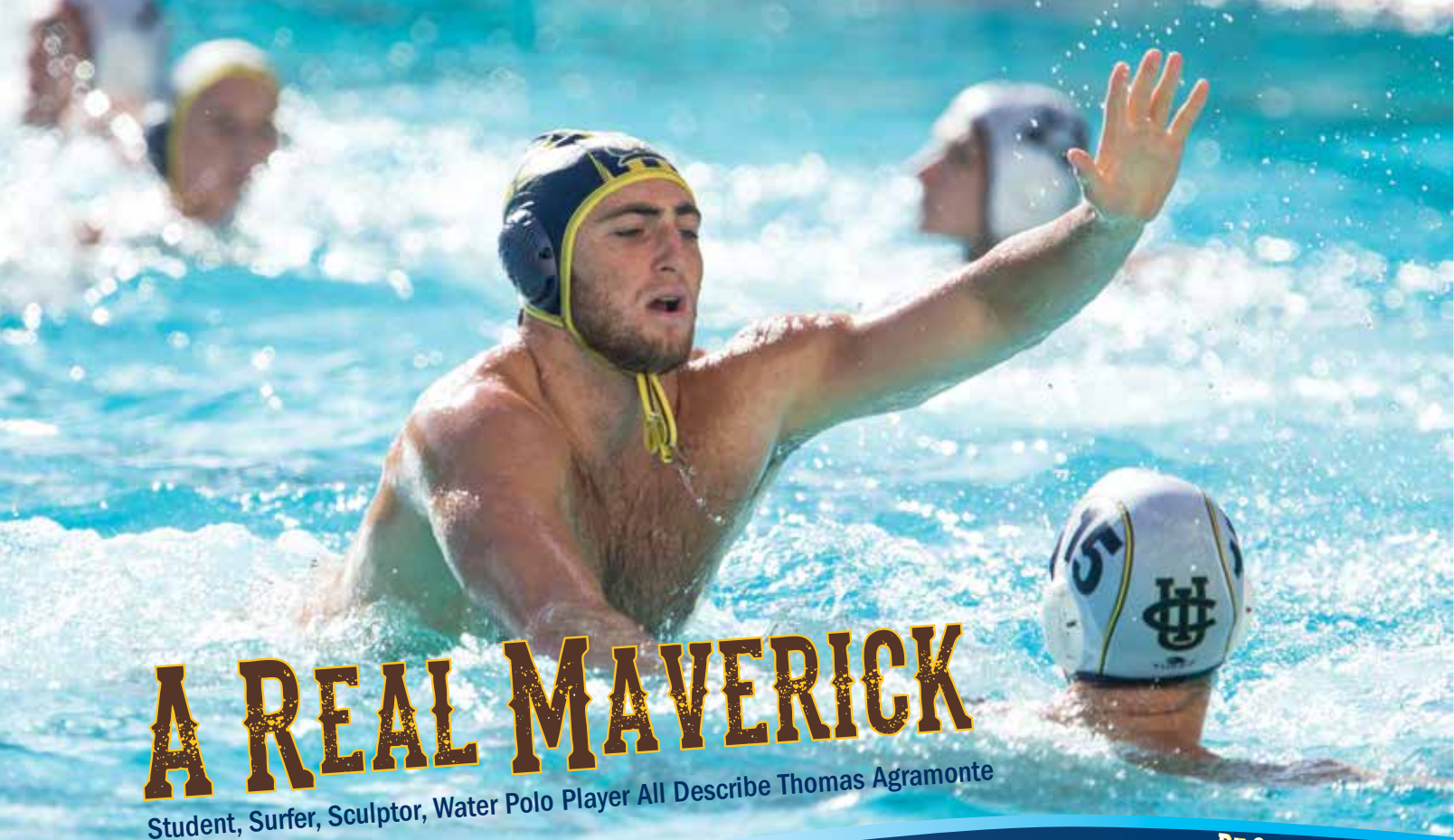
"Alec is clearly among the elite players in collegiate rugby," Clark said. "But within that segment of elite players, his rugby is still pretty raw. It indicates to me a significant upside from here."

Coach Tom Billups, who leads the team's strength and conditioning program in addition to his on-field coaching duties with Clark, said, "The process of improving is often uncomfortable and Alec had struggled with being uncomfortable in 7s. This year his improvement was, in part, because he was more comfortable in uncomfortable situations."

Further than discomfort, Clark said, "Alec plays through a bunch of agony."

Gletzer spent his summer getting stronger in the weight room and said he's the healthiest he's been in a long time. Academically, he's thinking about graduate school without looking past plans to write a senior thesis. While his rugby dream burns fiercely, he also would love to teach in the future.

"The idea of becoming a tenured professor is very appealing," he said. "But in all these things, the real dream is to keep getting better." 📖



A REAL MAVERICK

Student, Surfer, Sculptor, Water Polo Player All Describe Thomas Agramonte

BY SCOTT BALL

AS A STUDENT AT CAL AND A MEMBER OF THE GOLDEN BEARS' MEN'S WATER POLO TEAM, THOMAS AGRAMONTE HAS PLENTY OF OPPORTUNITIES TO SHOWCASE HIS MULTIPLE SKILLS AND PURSUE HIS CREATIVE GOALS.

Not one to place limits on his possibilities, Agramonte's talents extend well beyond the classroom and the pool as he's developed an enjoyment for such fine arts as sculpture, painting and dance.



Thomas Agramonte

Then there's the famed Mavericks where the junior from Half Moon Bay has tested his abilities against some of the world's most dangerous waves. As someone who has spent a lot of time surfing, Agramonte has concerns about the environmental impact of humans on the ocean.

"I feel a responsibility to preserve the oceans that have given me so much happiness," Agramonte said. "I plan to somehow incorporate those philanthropic ideals into my professional career."

Agramonte began surfing as a seven-year-old, and growing up near the Pacific Ocean with his brother, Will (a former USC water polo player), and parents, Robert and Jessica, he could see Mavericks' waves from his house.

Mavericks is a notorious surfing spot about two miles outside of Pillar Point Harbor, just north of Half Moon Bay. It is a destination for some of the world's best big wave surfers and hosts an invitation-only contest every winter when the

conditions are suitable. Only a select few are willing to risk the hazardous, and sometimes deadly, waves that routinely crest at over 25 feet and top out at over 80 feet.

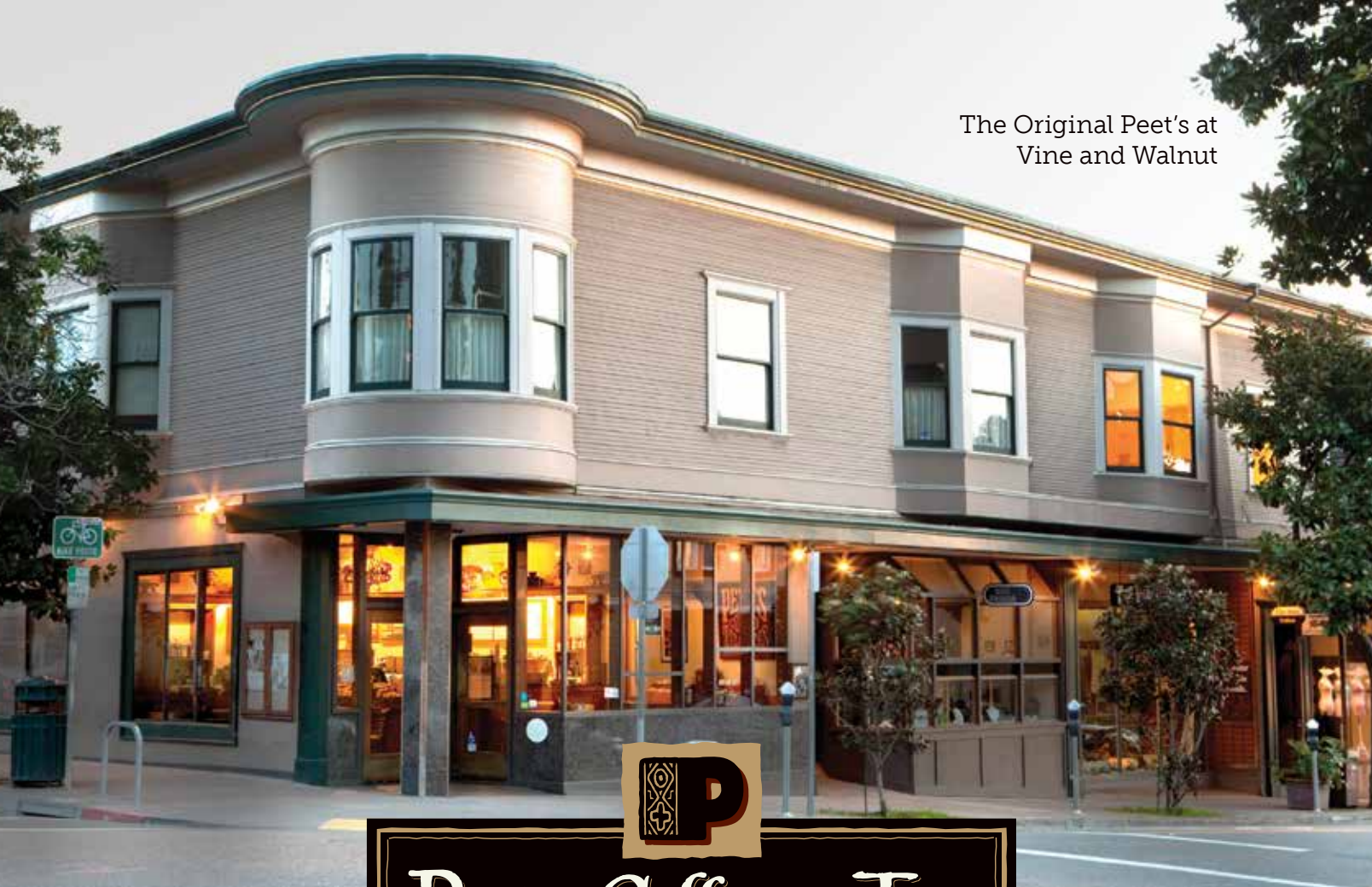
"The first time I surfed Mavericks was two years ago during winter break, the day

after the contest," Agramonte explained. "There were only a few people out there because it was after the competition, but it was something I had always wanted to do. I was nervous going in, yet once I was in the water I was able to relax and have fun. I knew it was going to be intense because I had never surfed anything remotely like that before."

Agramonte has now taken on Mavericks six times, including one day last winter when he took off following practice to catch the famous Northern California wave. Little did he know that several of his Cal water polo teammates would be following him to the high-breaking surf that day and be on hand to witness Agramonte navigate Mavericks, although a giant wave did end up breaking his surfboard in half.

"Growing up playing water polo has helped me be able to surf a wave like Mavericks because it gives you confidence that you'll be able to hold your breath under water," said Agramonte. "You can get dunked and held under water defending two-meters in water polo, and you definitely get thrashed by the waves at Mavericks. Surfing is a different type of achievement than water polo. Surfing is an individual sport, whereas water polo you share your successes with your teammates and coaches. But I'll remember that first Maverick wave forever."

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“I am fortunate to have been able to take a wide variety of classes at Cal, allowing me to discover new interests while also focusing on my existing passions.”

– Thomas Agramonte, who has become an accomplished sculptor and surfer to go along with his talents in the pool



In Berkeley, Agramonte is one of the leading student-athletes on Kirk Everist’s water polo squad with a 3.6 GPA as an American studies major with an emphasis in entrepreneurship, environmental science and innovation.

“I am fortunate to have been able to take a wide variety of classes at Cal, allowing me to discover new interests while also focusing on my existing passions,” Agramonte said. “I’ve performed better academically at Cal because each of my classes has applied directly to my creative and professional goals. My advisor, Kathleen Moran, has helped choose classes that are ideal for me and Kirk has emphasized that academics, along with water polo, needs to be a primary point of focus.”

“Thomas is, and always has been, a great fit for Cal,” Everist said. “He takes advantage of every opportunity that athletics, academics and Berkeley affords him. It is a pleasure to coach someone who is constantly challenging themselves in all aspects of their life.”

Following graduation, Agramonte plans to work in Palo Alto with his older brother, Will, who is a co-founder of an artificial intelligence robotics company and a branding venture group that focuses on connecting Silicon Valley tech startups to Hollywood.

“Most people are worried about what to do after college,” said Agramonte. “I’m lucky to have an opportunity to learn

about branding and business, while also having fun with my brother.”

Success in water polo is something Agramonte has experienced throughout his career, and something he is perpetuating as a Bear – with the ultimate goal of leading Cal back to the NCAA tournament.

“I was recruited by USC and UCLA but the reason I came to Cal was because of the people, academics and the great tradition of water polo,” said Agramonte. “Not being in the NCAA finals has definitely been motivation to get there and bring it home within these next two years.”

Coming to Berkeley highly touted out of St. Francis High School, Agramonte was one of the few kids from Half Moon Bay to attend the Mountain View school 28 miles away. He was a first-team High School All-American and Central Coast Section Division I MVP who led his team to CCS titles as a sophomore and senior, and was a Junior Olympic champion when he was 15 and 18. In 2010, Agramonte won a silver medal with the USA Junior National Team, and in 2013 was team captain and won a bronze with Team USA at the World Junior Championships in Sicily.

During his tenure at Cal, Agramonte has proven to be a complete package, both offensively and defensively. As a red-shirt-freshman in 2012, he scored 19 goals with 22 steals, 21 assists, nine ejections earned and four blocks – tallying a goal against USC in the finals of the MSPF Tournament. Last season, Agramonte played in all 26 matches, scoring 18 goals and was second on the team with 28 ejections earned while dishing out 22 assists, with 15 steals and four blocks. He scored a goal against UC Irvine in the 2013 MSPF Tournament as the Bears won their final two conference tournament matches to end the year.

“This season we have a smaller squad and everyone has the same mind-set – be responsible, being prepared and leave it all in the pool,” said Agramonte, who is now one of the veterans of a squad that will welcome a talented freshman class in 2014 with a goal of qualifying for the NCAA tournament in La Jolla. “Everyone is playing well. We have set the framework, and the newcomers will be molding themselves to that framework. We feel we have the potential to win any game, we just need to find our focus as a team in each individual moment.”

ACADEMIC ACHIEVEMENT

Classroom Habits Benefit Seth Casiple on Soccer Pitch

By Jordan Stepp

As a high school student in Rocklin, Calif., Seth Casiple thought that becoming a California Golden Bear was a longshot due primarily to his academic habits. Years later as he enters his senior season for the men's soccer team, he has excelled on the field, as well as in the classroom.



Seth Casiple

An anthropology major with his mind set on becoming a socio-cultural anthropologist, Casiple arrived in Berkeley eyeing a degree in social welfare. As time went by, Casiple's plans changed for a career after soccer.

"Once I got all of my requirements for social welfare and my general education courses out of the way, I was able to branch out and find some other classes that were of interest to me," Casiple said. "I ended up taking an anthropology course, which was an introduction to anthropology for American cultures for the sake of satisfying a requirement, and immediately I was hooked."

Casiple, a team co-captain who earned second-team Pac-12 All-Academic honors in 2013 with a 3.43 GPA, has lofty goals to follow in the footsteps of so many Bears before him and head into professional soccer. Concurrently, he is preparing for his professional life following his playing days.

"Although I don't necessarily want to attend law school, as funny as this sounds, I'm actually really interested in law; specifically in the differences between civil and common law," Casiple added. "For instance in the United States, we have mediation and arbitration, whereas a lot of other countries don't have systems like that and I'm intrigued by the different ways it affects society economically, socially and politically."

While attending Rocklin High School, Casiple, admittedly not the most diligent student at the time, experienced a key turning point that led to his new-found focus on academics when he was approached by Cal head coach Kevin Grimes.

"At that point in my life I realized that in addition to playing soccer at a high level, there was also that dream of studying at the best university with the best professors," Casiple said. "I realized I had the opportunity for both of those coming to Cal, which made my decision very easy. I turned around and said



I wasn't going to let an opportunity pass that I would regret."

Grimes is credited by many of his players, including Casiple, for fostering the belief "that your habits inside the classroom directly affect your habits on the soccer field and vice-versa. It comes down to if I want to do well on the field; I've got to do the same in the classroom."

Attending Cal, while also having the chance to play for one of the best soccer programs in the country, is something that Casiple cherishes and doesn't take for granted.

"Being at the pinnacle of both academics and athletics is an opportunity that, the more time you spend here, the more you realize is one-of-a-kind and really genuine," Casiple said of his time in Berkeley. "That is also the hardest part of it, dealing with the expectations that I have on myself, but also that the university has for you. This (opportunity) is really a blessing and is a reminder that sometimes the best things are worth working for."

Seth Casiple is the recipient of the Raleigh Shaklee Men's Athletic Scholarship. ■

Field Studies

From Soccer to Biology, Kelsie Dickerson Finds Purpose in Athletics and Academics

By Mara Rudolph

Perhaps it was buried in the backcountry of Yosemite. Or maybe it was hidden in the hedgerows among the farmland of Yolo County. And quite possibly, it was gleaned in the grass of Goldman Field. Wherever it was, there's something very important women's soccer senior Kelsie Dickerson discovered in her four years at Cal: her purpose.

It was a sense that Dickerson found hard to come by when she first arrived in Berkeley.



Kelsie Dickerson

"When you first get here, it's easy to get really downtrodden by the fact that you're surrounded by brilliant people," Dickerson said. "It's hard not to compare yourself to them."

Unsure of what she wanted to pursue, Dickerson settled for the safe bet and made plans to become a doctor and gave up her athletic career for her academics.

"I figured that me not getting recruited in high school was a sign that it was time to hang up the jersey and stop playing," Dickerson said.

Shortly into her first semester, she realized she was having trouble adjusting.

"Soccer was sort of a fundamental part of my life that I couldn't just leave behind," she said. "It was something that really defined me throughout my high school career, and I didn't realize the extent to which it defined me until I really had to give it up. I felt lost and confused."

Typically a focused and disciplined student, Dickerson even found herself struggling to manage her classwork.

Dickerson started playing pick-up games with members of the men's club soccer team as a way to de-stress before eventually joining the women's club team. After one competitive season, she yearned for a greater challenge, so she tried out for Cal's varsity. One trial spring season later, in 2012, Dickerson earned herself a spot on the squad. In the two seasons that followed, she worked her way up from five appearances in 2012 to 15 appearances and 10 starts in 2013.

"I was looking for a challenge and a way to improve my skills, but mostly what I wanted was a way to hit my full potential," Dickerson said. "I do feel like I'm never stagnant. I'm always improving,



and that's a really great feeling. That's something I wouldn't have gotten unless I joined this team."

As her athletic aspirations came to fruition, so did her academics. Early on, Dickerson fell in love with her molecular environmental biology major, and for the past few years she's been able to further refine her interests in the field.

Through an internship with the university's Kremen Lab this summer, Dickerson's passion grew even deeper. She researched whether planting hedgerows of native plants next to agriculture fields could boost native bee populations at field sites in Yolo County while also completing lab work with some of the specimens she caught. Dickerson even got the opportunity to backpack through the backcountry of Yosemite National Park to study how pollinator communities are affected by fire severity.

"Cal has offered me a lot of freedom in discovering myself," Dickerson said. "I didn't really have a clear vision of what I wanted to do when I came in. It's taken me this long but I finally have a direction and that is something I didn't have before. A lot of that pressure lifted as soon as I made that connection that this was the place where I was going to come into my own." 📱



Kelsie Dickerson has studied how pollinator communities are affected by fire severity in Yosemite National Park.

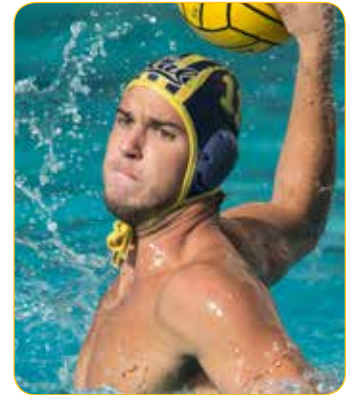
Cal HOME EVENTS

2014 FALL CALENDAR

MBB Men's Basketball (Haas Pavilion)
 WBB Women's Basketball (Haas Pavilion)
 CC Cross Country (Metropolitan Golf Course)
 FB Football (Memorial Stadium)
 MGF Men's Golf (Meadow Club)
 RUG Rugby (Witter Rugby Field)
 MSOC Men's Soccer (Edwards Stadium)

WSOC Women's Soccer (Edwards Stadium)
 MSD Men's Swimming & Diving (Spieker Pool)
 WSD Women's Swimming & Diving (Spieker Pool)
 WTN Women's Tennis (Hellman Tennis Complex)
 MWP Men's Water Polo (Spieker Pool)
 VB Volleyball (Haas Pavilion)

All field hockey games will be played off-campus this fall while Maxwell Family Field is under construction.



AUGUST

22
 WSOC vs. San Francisco

SEPTEMBER

6
 FB vs. Sacramento State

7
 WSOC vs. Cal Poly

12
 MSOC vs. Cleveland State
 WSOC vs. Texas Tech
 VB vs. Pacific

13
 MWP vs. UC Davis
 VB vs. Nevada
 VB vs. UC Santa Barbara

14
 MSOC vs. Gonzaga
 WSOC vs. Santa Clara

19
 WSOC vs. Pacific
 MSOC vs. Delaware

21
 MSOC vs. SIU-Edwardsville

26
 MWP vs. Navy
 VB vs. Washington
 WTN in Cal Nike Fall Invitational

27
 FB vs. Colorado
 WTN in Cal Nike Fall Invitational

28
 WTN in Cal Nike Fall Invitational

OCTOBER

3
 WSOC vs. Washington State
 VB vs. Oregon State

5
 VB vs. Oregon
 WSOC vs. Washington

10
 MSOC vs. UCLA

11
 FB vs. Washington

12
 MSOC vs. San Diego State

13
 MGF in Alister MacKenzie
 Invitational

14
 MGF at Alister MacKenzie
 Invitational

17
 WSOC vs. Utah
 MSD vs. Hawaii

18
 FB vs. UCLA
 MWP vs. UCLA

22
 VB vs. USC

23
 WSD vs. Oregon State

26
 VB vs. UCLA

31
 WSOC vs. Oregon State
 WSD vs. Texas
 MBB vs. CS East Bay (exh.)
 CC at Pac-12 Championships

NOVEMBER

1
 MWP vs. UC Santa Barbara
 WBB vs. Vanguard (exh.)

2
 MWP vs. Long Beach State
 WSOC vs. Oregon

6
 WSOC vs. Stanford
 MBB vs. CS San Marcos (exh.)

7
 MSOC vs. Oregon State
 VB vs. Arizona State
 WSD vs. Wisconsin
 MSD vs. Wisconsin

8
 MWP vs. Stanford
 RUG in PAC Sevens Tournament

9
 VB vs. Arizona
 MSOC vs. Washington
 RUG in PAC Sevens Tournament

14
 MBB in 2K Sports Classic

16
 MBB in 2K Sports Classic
 MSOC vs. Stanford

18
 WBB vs. Nevada

21
 VB vs. Colorado

22
 FB vs. Stanford

23
 VB vs. Utah

26
 MBB vs. Cal Poly

28
 VB vs. Stanford
 WBB vs. San Jose State

29
 WBB in Cal Classic

29
 FB vs. BYU

DECEMBER

3
 MBB vs. Montana
 WBB vs. Sacramento State

10
 MBB vs. Wyoming

13
 MBB vs. Princeton

19
 MBB vs. Eastern Washington

21
 WBB vs. Louisville

22
 MBB vs. Wisconsin

28
 MBB vs. Cal State Bakersfield
 WBB vs. Old Dominion

For complete schedule information, including details on times, tickets and television, visit the official Cal Athletics website at CalBears.com.

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